

#8 – Your Personal Discipleship

NURTURING THE HEART OF A DISCIPLE-MAKER



...more than a buzzword

GUARD YOUR HEART, PRIORITIZING YOUR OWN PERSONAL DISCIPLESHIP

Q: Share specific instance(s) where your personal discipleship has impacted your disciple-making effectiveness positively or negatively. How can you continue to improve and grow as a disciple maker through your own walk with God?

Then Jesus spoke to the crowds and to His disciples: “The scribes and the Pharisees are seated in the chair of Moses. Therefore do whatever they tell you, and observe it. But don’t do what they do, because they don’t practice what they teach. – MATTHEW 23:1-3

Q: What discipleship areas are you neglecting?

GUARD YOUR HEART, PRIORITIZING YOUR OWN PERSONAL DISCIPLESHIP.

1. **Anchor your life in daily devotion.**
 - scripture, prayer, repentance, disciplines.
2. **Pursue a habit of life—long learning and growth**
 - humbly sitting at the feet of others.
3. **Foster genuine accountability and embrace vulnerability.**
 - seek constructive feedback and support, deep relationships, honesty, love.
4. **Set healthy boundaries.**
 - trust, temptation, balance, self care, emotional resilience, grace, thanks.
5. **Guard your heart against pride.**
 - you are not “junior holy spirit.”
Jesus says, “But anyone who lives by the truth comes to the light, so that his works may be shown to be accomplished by God.” John 3:21
6. **Prioritize worship and praise.**
 - corporate and personal worship
7. **Love your life.**
 - remember who you are in Christ, being faithful where you are

Conclusion:

As a disciple maker, your personal discipleship and emotional well-being significantly impact the effectiveness of your ministry. Reflect on how you are strengthening your walk with God, nurturing your heart, and remaining steadfast in your calling. Remember, a disciple maker who guards their own heart is better equipped to lead others with love, grace, and authenticity on their own transformative spiritual journeys.

FOR DISCUSSION:

Q. What jumped out at you from this video?


1. How do you prioritize daily devotions amidst the demands of collegiate ministry? Share any creative strategies you've found effective.
2. In what ways do you pursue ongoing personal discipleship and learning? Are there specific resources or leaders who have been particularly influential in your growth?
3. Discuss the role of accountability in your personal walk with God. Who really knows you? With whom do you share your most difficult struggles? If that is only your spouse, how can you deepen these accountability relationships to further support your personal discipleship journey?
4. Share instances where you've experienced the impact of a supportive community or personal accountability in your personal discipleship.
5. What boundaries have you established to guard your heart from pride, temptation and to protect your personal life from ministry demands? How can you improve on setting healthy limits?

Further Reflection:

Reflect on your current feelings towards disciple making. Share stories of times when you overcame cynicism or sarcasm? How do you renew the joy and enthusiasm in your disciple-making journey?

- When you give attention to personal discipleship, how is your discipling ministry stronger and your students better prepared?
- What scripture/ insight / teaching helped you "set the why" of how your own personal discipleship is important.
- Would you share a time in your life that helped to shape your understanding of the importance of developing your personal discipleship
- Challenges to consider:
 - In your setting, what are the potential obstacles to you neglecting personal discipleship?
 - What is the pipeline and outcome for you as you consider your personal discipleship?

Want more info? Want to join a cohort? <https://forms.gle/FZ9XMeHpmXivCSAV9>

Video-  **DISCIPLESHIP TOOLKIT #8 Personal Discipleship** Jerry Johnson

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